

# BASIC SCUBA DIVING COURSE

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Islamabad





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## Basic Scuba Diving Course

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## **1 Introduction**

Scuba Diving is termed as an underwater activity with the help of Self Contained Underwater Breathing Apparatus. The Pakistan Wetlands Programme has deployed inventory of diving equipment to under take SCUBA diving for exploring under water nature's wealth in Pakistan and to promote it at large.

A Basic Scuba Diving course was conducted for a single candidate from Lasbella University. The student diver was imparted basic knowledge of Scuba diving and given four days practical training in the swimming pool.

## **2 Course Objectives**

The objectives of the training course were to enable the participants to:

- Dive in the water in a safest way by using appropriate Scuba Diving gear.
- Explain the relevance, purpose and importance of scuba diving in the field of Wetlands Management.

## **3 Course Outcomes**

At the end of the training course the participants were able to:

- Explain the basic concepts of scuba diving in various Wetlands related fields.
- Dive in the water by using appropriate scuba diving gear.

## **4 Training Participants**

Mr. Faisal Saeed from Lesbella University participated in the training course.

## **5 Training Team**

The services of highly skilled and experienced retired naval diving officer who was further trained abroad by PADI (Professional Association of Diving Instructor) were taken for this valued training course.

## **6 Training Program**

Training program was split over a period of four days which included theoretical Knowledge development and practical diving.

### **6.1 Participatory Activities**

The training activities included; Knowledge development covering the fundamentals of scuba diving, introduction to dive equipment and practical dives in the swimming pool.

## Glimpses

Figure 1: Overall Training Activities

